## HIGH BACK





## **VISITORS**



- Your feet should be flat on the floor.
- You should be able to easily slide your fingers underneath your legs towards the front of the seat Ensuring you are not cutting off circulation. If there is more space between the seat and your legs, you must adjust your seat upward. You should allow about 8cm between your inner knee and the front of the seat.

- Your hips should be slightly higher than your knees.You should sit as far back in your seat as possible so that your back and thighs are completely supported.
- You should have a good lumbar support to maintain the proper curve in the small of your back.
  You should sit close to your desk
- Your elbows should be resting close to your body
- Your shoulders should be relaxed

## The Falcon has the following features that assist with the above.

- Synchro Mechanism with 5 position lock and Tension Adjuster
- Gas height adjuster
- Adjustable Lumbar Support
- Adjustable Backrest Up and Down
- Adjustable Seat Back and Forth Adjustable Arm Rest Adjustable Headrest

- Waterfall Seat
- Firm High Density Foam
- Mesh Back Rest

Seat Width Total Width Seat Depth Total Depth Weight

400mm 500mm 400mm 450mm 21.45kg

1 full chair per box Height Depth Width Net Weight Gross Weight

370mm 770mm 650mm 21.91kg 25,58kg

Seat Width Total Width Seat Depth Total Depth Weight

530mm 665mm 490mm 700mm 18.77kg

1 full chair per box Height Depth Width

Net Weight 21,93kg Gross Weight

370mm

690mm

570mm